

TERRY C. LIN, D.O. INC.
Gastroenterology and Hepatology
Therapeutic Endoscopy
2520 Samaritan Drive, Suite 201 B • San Jose, CA 95124
Tel: (408) 358-6580 • Fax: (408) 358-6515

Patient: _____ **Procedure Date:** _____

Location: _____

Colonoscopy Preparation with MoviPrep

The Following instructions must be strictly followed in order to permit an adequate colon evaluation:

You must purchase the following medications from the pharmacy:

- Movi Prep (prescription needed)
- One 10 oz bottle of **Citrate of Magnesium**

Clear Liquid Diet: Water, black tea/coffee, any color jell-O (except for red), apple juice, cranberry juice, clear soup broths, all sodas, and Gatorade. **No dairy products allowed!**

One (1) day before exam **Date:** _____

***Clear Liquid Diet all day**

5:00 P.M Mix the first set of envelopes in the container provided.
Fill the container to the fill line (32 oz) with juice or water.
Drink the full 32 oz over a period of 1 hr.

6:00 P.M. Drink 16 oz of any clear liquid with in one hour. ***Remain close to a bathroom!***

7:00 P.M. Drink 10 oz bottle of **Citrate of Magnesium**

The morning of Exam: **Date:** _____

4 hours prior Mix the second set of envelopes in the container provided.
Fill the container to the fill line (32 oz) with juice or water.
Drink the full 32 oz over a period of 1 hr.

3 hours prior Drink 16 oz of any clear juice over a period of an hour.

Please remember the following:

- You will be sedated for the procedure. You cannot drive yourself home after the procedure. Please arrange for someone to drive you home that day.
- Tylenol is safe to take before the procedure. All aspirin and anti-inflammatory medication should be stopped one week before the procedure.
- Please make sure you have alerted us if you are diabetic, if you are taking a blood thinner or have PKU (phenylketonuria, a genetic disease), ***as MoviPrep contains PHENYLALANINE and is contraindicated in patients with PKU.***
- Please call us if you have any questions about the above instructions or if you need to reschedule. Keep in mind that we need to be notified 48 hours in advance if you need to cancel or reschedule.